

# St. Patrick's Mercy Home Foundation

## Newsletter

### Fall 2021

#### Walk for SPMH



On September 17, 2021 St. Patrick's Mercy Home Foundation was thrilled to be a part of the "Grand Parade" (pictured above). We were fortunate to have residents, families and staff participate in the event. At the completion of the walk, the residents and their families retired to the Recreation Therapy area to enjoy some refreshments and have the opportunity to win prizes. It was a warm and sunny day, and the residents thoroughly enjoyed the opportunity to get outside and enjoy the fresh air and partake in the activities. This year we were fortunate to have a number of staff teams participate in the walk. The camaraderie and participation by staff was extremely appreciated, as many of our activities would not exist without the dedication of the staff of SPMH.

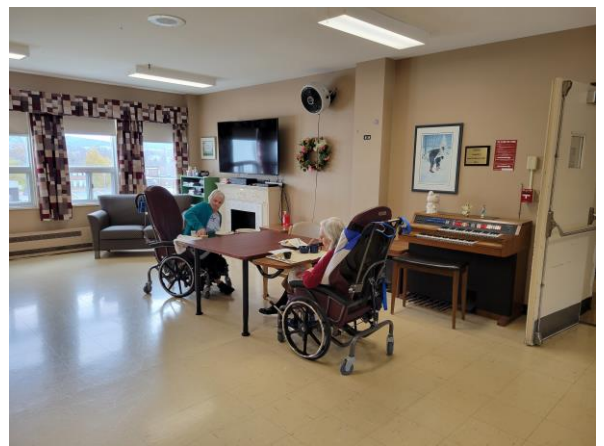
We were also fortunate to have teams participate in the walk who are avid supporters of the residents of SPMH. Below is a picture of a team from Molson Brewery.



SPMH Foundation thanks all those benefactors for their patronage over the years. Without the help from so many thoughtful people, we would not be able to provide the support we are so proud to provide to our residents.

#### Adjustable Tables for SPMH

This year the Foundation was made aware of a need to provide adjustable tables for the dining areas of SPMH. The tables can be adjusted to accommodate many different types of wheelchairs and other mobility-assistive devices. We believe the addition of these tables will provide our residents with additional comfort and independence in their daily lives.



SPMH Foundation values initiatives such as this one, as it fulfills all the requirements of our campaign to improve the lives of our residents and endeavour to make SPMH their "home away from home". The Foundation is always appreciative of suggestions brought forward by family members, staff, and residents to improve living conditions here at SPMH.

#### Chairs for Resident Rooms

Another project brought to the attention of the Foundation was the need for chairs in our residents' rooms. During COVID, visitation rules and regulations changed and family members frequently found themselves visiting for longer periods of time with their loved ones. As a result, there was a need for seating to allow visitors to sit and relax while spending valuable time in the company of their family and friends. Given the different dimensions of many resident rooms, and again adhering to strict health and safety guidelines, a chair design was selected to meet these changing needs. The benefits of the purchase were immediately recognized and visitors were pleased to be able to rest during their visitations. Again, this initiative conveniently fell within our campaign to - **Make the Home a Home.**



We believe these purchases have improved living conditions for our residents and their families. In addition, these accompaniments have improved working conditions for our staff. One of our main goals is to enhance the living and working conditions at St. Patrick's Mercy Home. Whether it is through purchases such as these, or through past contributions, we will continue on the journey to continually improve our Home.

### Upcoming Events in Support of St. Patrick's Mercy Home

#### September 18, 2021 - Grand Parade

This is our second year participating in this fundraising event. Last year we had a number of residents and staff participate in the event and we hope to have more participants this coming year. If COVID restrictions permit, we plan to have a number of activities during the day for our residents and their families. Prizes to be won!!! To enter a team call 752-8745 or drop by the Foundation Office on First Floor.

Below is a picture of residents and staff participating in last year's event.



#### November 4, 2021 (Tentative) - Dinner Theater & Silent Auction - Spirit of Newfoundland - Masonic Temple

This will be our 20<sup>th</sup> performance in partnership with Spirit of Nfld. An annual event for the Foundation and its success is a result of the tremendous support we receive from our residents' family members and friends, as well as the fabulous

support we receive from the community and staff of St. Patrick's Mercy Home.

*"What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead." – Nelson Mandela*

### About The Foundation

St. Patrick's Mercy Home Foundation was established by the Sisters of Mercy in 1998. The Foundation was created to support the on-going efforts of St. Patrick's Mercy Home in providing a comfortable and home-like atmosphere for its residents. The Foundation is run by a dedicated Board of Directors, and currently has one part time staff person.

## Over \$1,000,000 Contributed

To date St. Patrick's Mercy Home Foundation has contributed \$ 1,349,294.08 to improve the quality of life for the residents of St. Patrick's Mercy Home. These contributions have included, but are not limited to:

- Wheel Chair Bus
- Palliative Care Rooms
- Physiotherapy Equipment
- Bathing Systems
- Third Floor Family Suite
- Multiple Ceiling Lifts
- New Furnishing for all Floors
- Christmas Gifts for all Residents

### We are always looking for helping hands!!

To volunteer to serve on the Board or any of the committees, call Chris Peddigrew, Board Chair at 752-8745 or email [chris@wphlaw.ca](mailto:chris@wphlaw.ca) .

### You can now donate Online

Donations in support of St. Patrick's Mercy Home can now be made online by using the secure website offered by [CandaHelps.org](http://CandaHelps.org).



Visit our website!

<http://www.spmhf.nl.ca>

**W**hy not make St Patrick's Mercy Home

*~Your Charity of Choice~*

***Creating a Home away from Home!***