

# St. Patrick's Mercy Home Foundation

## Newsletter

### Spring 2022

#### Seeking Your Input



St. Patrick's Mercy Home Foundation (SPMHF) is reaching out to all our stakeholders to invite you to become a part of our new committee to advise the Foundation in regard to what improvements are considered to be most important for the residents of St. Patrick's Mercy Home. The Foundation mission is to support the efforts of St. Patrick's Mercy Home to provide a safe and comfortable home for its residents. Our goal is to have representation from residents, family members and employees as we believe these groups possess first-hand knowledge of what is most essential for our residents. During the pandemic, SPMHF purchased items such as smart TV's and Ipads to allow our programs to continue as well as allow residents the ability to interact with their loved ones while the home had visitor restrictions. Throughout this time SPMHF was unable to have its traditional dinner theatres, variety shows, and surf n' turfs, as a result, our interaction with residents, families and staff was extremely restricted. We hope, with the participation of all our stakeholders, we can once again recreate those communication channels and make the best decisions and provide our residents the comfort and care they deserve.

If you are interested in becoming a member of this committee/group please contact Gerard Morris at 752-8745, or email [Gerard.morris@easternhealth.ca](mailto:Gerard.morris@easternhealth.ca), or visit SPMHF office on the first floor of the home.

*"What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead." – Nelson Mandela*

#### Resident Artists

SPMH Foundation is extremely proud to sponsor our residents painting program delivered through our Recreation Therapy department. We have been fortunate over the past number of years to witness so many wonderful paintings produced by our residents, and subsequently design Christmas cards exhibiting our residents amazing talents. A sampling of their handiworks is presented below:



Our residents are enormously proud of their accomplishments and cherish the Christmas cards that are produced which acknowledge the artist. Family members and staff have purchased the cards and all funds collected go directly to support the continuation of the painting program.

As an extension of the Christmas card undertaking, the residents painting program is embarking on the generation of additional artistic creations over the summer period that will result in the fabrication of a calendar which we hope to have in production later this Fall.

The genesis of this activity to create a calendar, was a suggestion from our residents. We know they enjoy the interaction with each other and the end product provides them immense satisfaction. The residents are able to display their handiwork in their rooms, as well as share with family and friends.

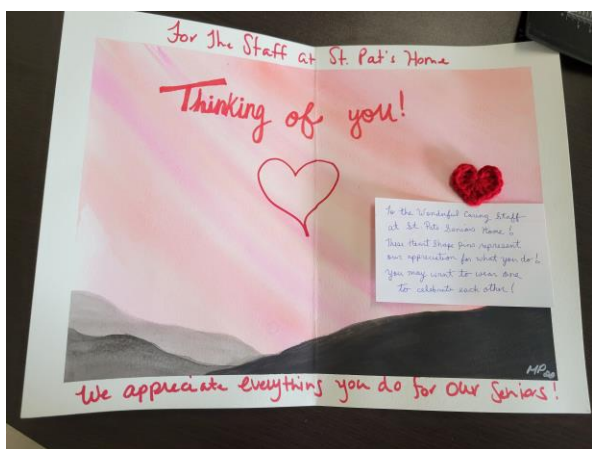
It is marvelous to witness the residents take ownership of their interests, and delight in the fruits of their labor.

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## Caring Cards for Seniors

At the beginning of February, SPMHF was approached by an organization called “Caring Cards for Seniors”. Caring Cards for Seniors is a volunteer organization that acknowledges the loneliness our seniors have endured especially during the pandemic. With numerous lockdowns and visitation from family and friends suspended on many occasions, they recognized the need to reach out to the senior population in our extended community. As a result, Caring Cards for Seniors, decided to create customized cards to be provided to the senior population as an attempt to brighten our seniors days and let our seniors know that they were still front and centre in their minds.

Initially, Caring Cards for Seniors, provided our residents with coloring books and puzzle books in addition to the individual Valentine’s Cards. The organization also provided a very warm message for our staff and provided a limited number of crocheted hearts to be distributed to our staff. The delivery for Valentine’s is pictured below.



Subsequent to the delivery of the Valentines Cards, Caring Cards for Seniors is now providing customized birthday cards for all our residents. I would like to thank the Recreation Therapy team for their assistance in ensuring the cards are delivered to our residents on their special day.

## Upcoming Events in Support of St. Patrick's Mercy Home

### September 22, 2022 - Golf Tournament

We are hosting a golf tournament at Bally Haly Golf and Country Club. Come join us for a wonderful day of golf, food, and fun. Prizes to be won! To enter a team call 752-8745 or drop by the Foundation Office on First Floor.

This year we are fortunate to have sponsorship for 3 staff teams, so ensure you get your team registered☺

## About The Foundation

St. Patrick's Mercy Home Foundation was established by the Sisters of Mercy in 1998. The Foundation was created to support the on-going efforts of St. Patrick's Mercy Home in providing a comfortable and home-like atmosphere for its residents. The Foundation is run by a dedicated Board of Directors, and currently has one part time staff person.

## Over \$1,000,000 Contributed

To date St. Patrick's Mercy Home Foundation has contributed \$ 1,418,516.20 to improve the quality of life for the residents of St. Patrick's Mercy Home. These contributions have included, but are not limited to:

- Wheel Chair Bus
- Palliative Care Rooms
- Physiotherapy Equipment
- Bathing Systems
- Third Floor Family Suite
- Multiple Ceiling Lifts
- New Furnishing for all Floors
- Christmas Gifts for all Residents

## You can now donate Online

Donations in support of St. Patrick's Mercy Home can now be made online by using the secure website offered by [CanadaHelps.org](http://CanadaHelps.org).



Visit our website!

<http://www.spmhf.nl.ca>

**W**hy not make St Patrick's Mercy Home

*~Your Charity of Choice~*

***Creating a Home away from Home!***