

St. Patrick's Mercy Home Foundation

Newsletter

Fall 2024

Dementia Care Project



As our population ages, dementia is becoming increasingly more prevalent in St. Patrick's Mercy Home, as well as in society in general. The Foundation has purchased two platforms from Ambient Activity called ABBY Platform and GENIE Platform.

ABBY is designed to provide persons who live with dementia opportunities to engage in meaningful activity. The technology reduces responsive behavior (i.e. wandering, vocalizations, disruptive behavior) and promotes independent engagement in meaningful activity. GENIE is an easy-to-use messaging platform for seniors in care to use independently, to remain connected to family and friends. Social relationships are important for overall mental health and emotional well-being. Research confirms how an increasing sense of isolation will compound cognitive decline that occurs in normal aging. GENIE reduces feelings of isolation, nourishes independence, pride of accomplishment, reinforces identity, and increases cognitive well-being.

In addition, the project also included the purchase of "Manipulatives" (see below).



Manipulatives provide self-accessed, purposeful activity to residents who live with dementia. Some of the items purchased are: Sort the Cupboard, Sort the Tools, Puzzle Blocks, etc.

We will monitor the success of the program and add additional resources as required for our residents.

SPMHF Golf Tournament

On September 12, 2024, St. Patrick's Mercy Home Foundation held its annual golf tournament at Bally Haly Golf and Country Club. The tournament serves as a major fundraiser for the Foundation and this year proceeds from the tournament were used to assist with purchasing resources for our third floor Dementia Project. These improvements will enhance the quality of care we provide for our residents' and their loved ones.

The golf tournament also provides an opportunity for SPMH and SPMHF to engage with our community supporters and thank them for their patronage which allows the Foundation to provide significant enrichment to the daily lives of our residents.

Some of our major sponsors for this year's event were:

Platinum Sponsor - Martek
Gold Sponsor - Sisters of Mercy

We were also proud to have Collingwood Spirits as our "Prize Sponsor", EC Boone as our "Signage Sponsor", and Molson as our "Refreshment Sponsor".

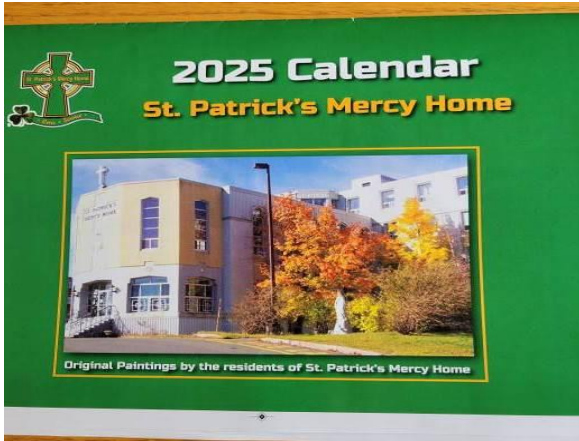
A special **thank you** to the Sisters of Mercy for their continued sponsorship of our staff teams. The Sisters value the hard work and dedication of our employees here at SPMH and are always there to support our workers in any way possible.



A Little Good News

SPMHF was proud to sponsor several resident centered activities throughout the year. Below is a short sampling of some of the activities that the Foundation was so thankful to partner with our residents' and staff.

SPMH calendar with original paintings by our residents. View our residents' talents in full display. The calendars will be available in early December.



Christmas Gifts for residents. Every year for the past 25 years SPMHF has gratefully provided gifts for all our residents. This is an activity the Foundation takes immense pleasure in providing.



SPMH Choir has been extremely active this year with performances in the Recreation Area as well as their concert in SPMH chapel. The Foundation is excited to support the choir through the provision of musical instruments as well as uniforms for the choir to wear during their performances.

Humour Corner

And God said to John, come forth and you shall be granted eternal life. But John came fifth and won a toaster.

**Why was the retiree's wife tired?
Answer: She got twice as much husband for half the pay.**

My company just gave me an aptitude test and I found the work I was most suited for is retirement 😊

The other day, my wife asked me to pass her lipstick, but I accidentally passed her a glue stick. She still isn't talking to me.

Upcoming Events in Support of St. Patrick's Mercy Home

September 11, 2025, Golf Tournament

We are hosting a golf tournament at Bally Haly Golf and Country Club. Come join us for a wonderful day of golf, food, and fun. Prizes to be won! To enter a team, call 752-8745 or drop by the Foundation Office on First Floor.

About The Foundation

St. Patrick's Mercy Home Foundation was established by the Sisters of Mercy in 1998. The Foundation was created to support the on-going efforts of St. Patrick's Mercy Home in providing a comfortable and home-like atmosphere for its residents. A dedicated Board of Directors run the Foundation, and currently has one part time staff person.

Over \$1,600,000 Contributed

To date St. Patrick's Mercy Home Foundation has contributed \$ **1,600,075.11** to improve the quality of life for the residents of St. Patrick's Mercy Home. These contributions have included, but are not limited to:

- Wheelchair Accessible Bus
- Palliative Care Rooms
- Physiotherapy Equipment
- Bathing Systems
- Third Floor Family Suite
- Multiple Ceiling Lifts
- New Furnishing for all Floors
- Christmas Gifts for all Residents

"What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead." – Nelson Mandela

You can now donate Online

Donations in support of St. Patrick's Mercy Home can now be made online by using the secure website offered by [CandaHelps.org](http://CanadaHelps.org).



Visit our website!

<http://www.spmhf.nl.ca>

Why not make St Patrick's Mercy Home

~Your Charity of Choice~

Creating a Home away from Home!