

St. Patrick's Mercy Home Foundation

Newsletter

Spring 2025

SPMHF Purchases "True Doors" for all Resident Rooms



One of the campaigns currently supported by St. Patrick's Mercy Home Foundation is "Help Us to Make the Home a Home". Under this campaign the Foundation provides funding to improve the furniture and room amenities that affect residents' daily living and comfort. This year a request was submitted to the Foundation to provide "True Door Decals" for all residents' rooms. True Door decals transform a facility's doors into unique front doors. This solution is designed to create a welcoming environment while enhancing safety, privacy, and social interaction for all residents and especially for those residents living with dementia. It will help residents recognize and find their doors and make them feel at home.

OBIE for Seniors



OBIE - EyeClick's solution for seniors has a proven track record of improving the quality of care for residents in Assisted Living, Nursing Homes, and Dementia Wards. Using interactive projection and extensive medical research, these engaging games and effects promote physical and cognitive activity, encourage social interaction among residents, and require minimal involvement from the care staff. This technology will help our residents reconnect with family and friends by replacing boredom and loneliness

with unlimited meaningful experiences. These innovative solutions encourage residents to spend quality time together - talking, laughing, and rediscovering the confidence to be more active and social no matter what their limitations. Research found that 84% of seniors show significant improvement in social behavior after using this interactive technology.

As our population ages, dementia is becoming increasingly more prevalent in St. Patrick's Mercy Home, as well as in society in general. Our aim is to introduce innovative evidence-based and proven dementia care technology to enhance, our resident's ability to deal with these debilitating diseases.

Spirit of Giving

A group of hockey players from the Paradise area gave a wonderful presentation to our residents just before Christmas. The young players pictured below undertook a cause to help our residents have a more enjoyable Christmas Season. Items donated included personal hygiene products (moisturizing lotion, deodorant, toothpaste, mouthwash), puzzle games (word find, crosswords, word search, etc.) as well as an assortment of other items. We would like to commend the players for their beautiful gesture and welcome them to be a part of our residents' well-being. The players pictured are making the presentation to SPMH resident Betty Thorne.



Our residents were very fortunate to receive this donation as well as many other donations from our community sponsors.

New Piano for Music Therapy Program

St. Patrick's Mercy Home Foundation was delighted to purchase a new piano for the music therapy program. Music therapy offers a wide range of benefits for seniors, including emotional and psychological relief, improved cognitive function, increased social interaction, and physical health improvements. It can help reduce stress, anxiety, and depression, and even improve memory and communication skills. In addition to being beneficial for patients with dementia and other conditions that impact memory, music therapy helps slow the loss of speech skills. Music therapists can help patients to communicate their feelings physically by moving along to the music or humming their enjoyment.

In addition, the Foundation supports the purchase of musical instruments and embroidered shirts for our bands/choirs.



Entertainment for Residents

SPMHF was proud to sponsor our residents attending various cultural and community events throughout the Fall and Winter. Our Foundation is extremely pleased to fund these events which allow our residents to engage in activities outside our home, especially in the aftermath of isolation during the pandemic. All had a marvelous time.

Humour Corner

Bickering with your spouse is like trying to read the Terms of Use for a new service. In the end, you just give up and click "I agree."

**Where can single men over 65 find younger women who are interested in them?
In the bookstore, under "Fiction."**

After a big fight, my wife yelled at me, "You know, I was a fool when I married you." So I replied, "That may be true, but I was in love and didn't notice it."

**When is the best time to start thinking about your retirement?
Before the boss does.**

Upcoming Events in Support of St. Patrick's Mercy Home

September 11, 2025 Golf Tournament

We are hosting our annual golf tournament fundraiser at Bally Haly Golf and Country Club. Come join us for a wonderful day of golf, food, and fun. Prizes to be won! To enter a team, call 752-8745 or drop by the Foundation Office on First Floor.

About The Foundation

St. Patrick's Mercy Home Foundation was established by the Sisters of Mercy in 1998. The Foundation was created to support the on-going efforts of St. Patrick's Mercy Home in providing a comfortable and home-like atmosphere for its residents. A dedicated Board of Directors run the Foundation and currently has one part time staff person.

Over \$1,500,000 Contributed

To date St. Patrick's Mercy Home Foundation has contributed \$ **1,600,075.11** to improve the quality of life for the residents of St. Patrick's Mercy Home. These contributions have included, but are not limited to:

- Wheelchair Accessible Bus
- Palliative Care Rooms
- Physiotherapy Equipment
- Bathing Systems
- Third Floor Family Suite
- Multiple Ceiling Lifts
- New Furnishing for all Floors
- Christmas Gifts for all Residents

"What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead." – Nelson Mandela

You can now donate Online

Donations in support of St. Patrick's Mercy Home can now be made online by using the secure website offered by CandaHelps.org.



Visit our website!

<http://www.spmhf.nl.ca>

Why not make St Patrick's Mercy Home

~Your Charity of Choice~

Creating a Home away from Home!